

ICU Coverall Donning PPE checklist

This level of PPE is required to enter ICU.

Following this checklist and the safety of the person entering isolation is the responsibility of the 'buddy'. Buddy to read out all statements in BOLD.

1. Ask person entering isolation **Are you wearing scrubs? Is your hair is tied up? Have you had a drink recently? Do you need the loo? Do you understand you are entering an isolation area? Have you been fit tested or trained with powered air respirator (hood)?** Address issues before proceeding.
2. Gather PPE together
 - a. FFP3 mask / forced air respirator
 - b. Face shield
 - c. Coverall
 - d. Apron
 - e. Gloves (long sleeve)
3. Stand in the green zone. Buddy to stand in green zone at all times.
4. Buddy says **It is essential for your safety to follow all steps as instructed and not to rush ahead. Do you understand?**
5. **You and I will now both perform hand hygiene and I will put on gloves and apron.**
6. **Now put on your FFP3 mask** - buddy prompts to check fit by taking sharp breath in, should indent mask.
7. **I will now help you put on your coverall.** Coverall must be fully zipped with hood up.
8. **Now put on your apron.** Buddy to assist to tie behind if needed.
9. **Put on your face shield.**
10. **Put on your long gloves.** Short gloves can be put over the top if desired and changed between clinical tasks.
11. **Perform a 360 degree 'twizzle'.** Buddy to ensure all bare skin is covered at the front and as far as possible at back.
12. Once Buddy satisfied all PPE in place. **You have PPE on and may now enter the isolation area.**

NB If wearing a hood, the power unit should be put on the waist at step 4, before any other PPE is put on, and the helmet put on at step 7. Tuck the inner layer of the hood into the coverall.

ICU Coverall Doffing PPE checklist

Following this checklist is the responsibility of the 'buddy'. The buddy should stand back and not touch the person coming out of isolation except to unzip coverall.

1. Buddy will be in full PPE in the red zone. Buddy ensures the red area has an empty clinical waste bin to receive any discarded PPE and a chair.
2. **Stay in the red zone.** Buddy stands in the 'red zone' ready to help and instruct.
3. Buddy says to person coming out
 - a. **It is essential not to remove any PPE until instructed. Do you understand?**
 - b. **Clean hands. Remove your apron by pulling forward at chest and waist. Discard into clinical waste bin. Clean hands.**
 - c. **Discard your outer gloves, and decontaminate inner gloves with Clinell wipe. Discard wipe into clinical waste bin.**
4. **Now remove your face shield forwards and place into clinical waste bin.**
5. **Please perform hand hygiene.**
6. **Pull hood down.**
7. **I am going to help unzip your coverall.** Buddy assists person by unzipping the coverall.
8. **Wriggle shoulders out and pull down arms. Withdraw hands and remove gloves at the same time.**
9. **Touching ONLY the INSIDE of the coverall, push coverall down to knees and sit down.**
10. **Remove shoes and coverall.**
11. **We are now going both to perform hand hygiene** (buddy removes gloves, cleans hands and puts fresh gloves on).
12. **Put coverall in bin. Remove gloves. Perform hand hygiene.**
13. **Step out of the red zone with your face mask/respirator on.**
14. **Please perform hand hygiene. You can now leave the amber zone.**
15. **Do not remove face mask until you are in a green area, and dispose into clinical waste. Perform hand hygiene afterwards.**

When leaving ICU or Covid area, get changed and place scrubs in the normal laundry bin. Shoes can be decontaminated with Clinell wipes, wear gloves for this task.

NB: If wearing a hood, the same sequence should be followed, with the air supply being disconnected by the buddy immediately before the hood is removed at step 16.

All breaches in PPE that lead to contamination of the wearer should be logged on DATIX whilst in an isolation area.