

ICU Donning PPE checklist

This level of PPE is ONLY required for Covid19 or Covid 19 suspected patients undergoing aerosol generating procedures (AGP).

Following this checklist and the safety of the person entering isolation is the responsibility of the 'buddy'. Buddy to read out all statements in BOLD.

1. Ask person entering isolation **Are you wearing scrubs? Is your hair is tied up? Have you had a drink recently? Do you need the loo? Do you understand you are entering an isolation area? Have you been fit tested or trained with powered air respirator (hood)?** Address issues before proceeding.
2. Gather PPE together
 - a. FFP3 mask / forced air respirator
 - b. Face shield
 - c. Gown
 - d. Apron
 - e. Gloves (long sleeve)
3. Stand in the green zone. Buddy to stand in green zone at all times.
4. Buddy says **It is essential for your safety to follow all steps as instructed and not to rush ahead. Do you understand?**
5. **You and I will now both perform hand hygiene and I will put on gloves and apron.**
6. **I will now help you put on your gown.** Gown must only be tied at back or side, not at front, ensure coverage from nape of neck down to below knees.
7. **Now put on your apron.** Buddy to assist to tie behind if needed.
8. **Now put on your FFP3 mask** - buddy prompts to check fit by taking sharp breath in, should indent mask.
9. **Put on your face shield.**
10. **Put on your long gloves.** Short gloves can be put over the top if desired and changed between clinical tasks.
11. **Perform a 360 degree 'twizzle'.** Buddy to ensure all bare skin is covered at the front and as far as possible at back.
12. Once Buddy satisfied all PPE in place. **You have PPE on and may now enter the isolation area.**

NB If wearing a hood, the power unit should be put on the waist at step 4, before any other PPE is put on, and the helmet put on at step 7. Tuck the inner layer of the hood into the gown.

ICU Doffing PPE checklist

Following this checklist is the responsibility of the 'buddy'. The buddy should stand back and not touch the person coming out of isolation except to undo gown straps.

1. Buddy to put on PPE (FFP3 mask, gloves and apron). Buddy ensures the red area has an empty clinical waste bin to receive any discarded PPE.
2. Buddy says to person coming out
 - a. **It is essential not to remove any PPE until instructed. Do you understand?**
 - b. **Remove your apron by pulling forward at chest and waist. Discard into clinical waste bin.**
 - c. **Discard your outer gloves, and decontaminate inner gloves with Clinell wipe. Discard wipe into clinical waste bin.**
3. **Stay in the red zone.**
4. Buddy stands in the 'amber zone' ready to help and instruct.
5. **I am going to help untie your gown. Please turn around.** Buddy assists person by undoing ties at the neck and waist.
6. **Shrug your gown over your shoulders and down your arms.**
7. **Remove your gown by peeling it forwards, and remove together with the long inner gloves. Then Fold the gown inwards into a ball and place into clinical waste.**
8. **We are now going both to perform hand hygiene** (buddy removes gloves, cleans hands and puts fresh gloves on).
9. **Now remove your face shield forwards and place into clinical waste bin.**
10. **Please perform hand hygiene.**
11. **Step out of the red zone with your face mask/respirator on.**
12. **Please perform hand hygiene.**
13. **You can now leave the amber zone.**
14. **Do not remove face mask until you are in a green area, and dispose into clinical waste. Perform hand hygiene afterwards.**

When leaving ICU or Covid area, get changed and place scrubs in the normal laundry bin. Shoes can be decontaminated with Clinell wipes, wear gloves for this task.

NB: If wearing a hood, the same sequence should be followed, with the air supply being disconnected by the buddy immediately before the hood is removed at step 14.

All breaches in PPE that lead to contamination of the wearer should be logged on DATIX whilst in an isolation area.

17.03.2020 v1.5 Amendments to prev doc: To keep respirator on whilst leaving red zone, based on guidance to wear FFP3 respirator at all times in ICU if cohorting patients there