



1. Fold 3 slide sheets together in a rolling motion

4. Disconnect non-essential monitoring and infusions



7. Using the top two sheets (both red), move patient to their left

10. Do not disconnect ventilator during roll



2. Slide under pillow with loose edges at the top

5. Right sided essential lines: pass under patient's head



8. Insert pillows at pressure areas between the 2nd and 3rd red sheets

11. Align patient and pillows in bed and remove red sheets



3. Unfurl under patient (airway person may need to hold top)

6. Protect eyes with gauze and place arms with palms inwards



9. Roll patient using a pull motion onto their front

12. Reattach monitoring and infusions and keep red sheets

PRONING

Staff needed:
Airway person
Mover
Spotter

Equipment needed:
PPE
Pillows
Red sheets (x3)
Caps and bungs
Gauze

Essential infusions:
Sedation
Inotropes
Paralysis
RRT

Essential monitor:
ETCO2
Patient dependent for others



1. Fold 3 slide sheets together in a rolling motion

4. Disconnect non-essential monitoring and infusions



2. Slide under pillow AND old sheet with loose edges at the top

5. Right sided essential lines: pass under patient's head



3. Unfurl under patient (airway person may need to hold top)

6. Place arms with palms inwards



7. Using the top two sheets (white and red), move patient to their left

10. Do not disconnect ventilator during roll



8. Place clean sheet over patient and tuck right side under pillows

11. Align patient in bed and remove red sheets and old linen



9. Roll patient using a pull motion onto their back

12. Reattach monitoring and infusions and keep red sheets

UN-PRONING

Staff needed:
Airway person
Mover
Spotter

Equipment needed:
PPE
Pillows
Red sheets (x3)
Caps and bungs
Gauze

Essential infusions:
Sedation
Inotropes
Paralysis
RRT

Essential monitor:
ETCO2
Patient dependent
for others