



## Staff Support

## **Provided by the Cancer Psychology Service**

## Staff members on this ward can contact the Cancer Psychology Service for confidential support focused on their work

Reasons staff seek support can include:

-Psychological first aid following a traumatic event at work (focus on creating feelings of safety and methods of self-care)

-Understanding, processing or preparing for difficult interactions with patients and families

-Struggling with difficult emotions around any aspect of work

-For guidance about where to access further emotional support

In order to arrange a meeting with one of our Clinical Psychologists email or call us on:

wah-tr.cancerpsychologyreferrals@nhs.net

## 01905 733602 ext. 30004

We will then arrange a convenient time and place to meet

This service is fully supported by ward and senior managers and you will be supported by being allowed time to attend an agreed meeting

