

Bolus Emergency feeding Regime -COVID-19

This plan is designed to help ward staff start a feeding plan for NG or Gastrostomy tubes (Bolus feeding is NOT recommended for jejunal feeding).

The plan may not be nutritionally complete, please refer to the Dietitian for advice on how best to meet full nutritional needs.

The Bolus feeding plan will use bottles of Fortisip compact. The Dietitian may recommend the addition of the Fibre or Protein bottles following review.

Introduction of Bolus feeding:

The Bolus feed should be given via a 60 ml Enfit syringe over 5-15 minutes depending on feed volume and patient tolerance. Leave a 4 hour break between feeds.

Table one: Maximum volume in 24 hours: Please use additional fluid to meet daily fluid needs

If < 40kg: 3 x Fortisip Compact = 375 ml	900 kcals, 36 g protein
If 41-60kg: 4 x Fortisip Compact = 500 ml	1200 kcals ,48 g protein
If 61-80kg: 5x Fortisip Compact= 625 ml	1500 kcals ,60 g protein
If > 81kg: 6 x Compact Fortisip = 750 ml	1800 kcals ,72g protein

Introduction of Bolus feed:

Feed 1 and feed 2 = 30 ml of Fortisip Compact

If well tolerated progress volume, if not repeat every 4 hours.

Feed 3 and feed 4 = 60 ml of Fortisip Compact

If well tolerated progress volume, if not repeat every 4 hours

Feed 5 and feed 6 = 90 ml of Fortisip Compact

If well tolerated progress volume, if not repeat every 4 hours

Feed 7 and onwards = 125 ml of Fortisip Compact

If well tolerated progress onto above maximum target feed over 24 hours, see table one and refer to Dietitians.